

# St. Teresa of Avila

## Roman Catholic Church

19 Flamingo Dr., Elmira, ON N3B 1V3  
519-669-3387  
stteresaelmira@hamiltodiocese.com

Website: [www.stteresaelmira.ca](http://www.stteresaelmira.ca)

Established on the Second Sunday of Easter, 1851.

**Pastor:** Rev. Peter Meyer  
pmeyer@hamiltodiocese.com  
**Deacon:** Rev. Mr. Basil Markides  
**Office Administration:** Donna Vollmer  
**Pastoral Associates:** Iris Miltenburg, Mary Forcier  
**Office Hours:**  
Tuesday to Friday 9:00 a.m. – 1:00 p.m.



### Mass Times

Saturday 5:00 p.m.  
Sunday 9:00 a.m.

### Weekday Masses

see inside

### Reconciliation

Tuesday 6:30 p.m. - 7:00 p.m.,  
or by request.

### Sacrament of Baptism (3rd Sunday of the month outside of Lent)

Parents, please pick up Baptism  
package from the parish office.

### Sacrament of Marriage

Please contact office six months  
prior to desired date.  
Marriage Prep offered.

### Sacrament of the Sick

Please notify the parish office of  
loved ones who are housebound  
or in the hospital so they may  
receive the comfort of the Church's  
sacraments and prayer.

### Outreach Ministry (A Ministry of Visitation)

Please contact the Parish Office if  
you or someone you know would  
like a visit by the Outreach Ministry.

### Parish Contacts

#### Parish Pastoral Council

Colleen Jack Debbie Yutzi  
Fr. Peter Meyer Jim McInnis  
John Bruder Ken Gallipeau

#### Building & Finance Committee

Fr. Peter Meyer Diane Smith  
Dan Lauzon Maria Diemert  
Rick Weishar  
Sebastian Siebel-Achenbach

#### Catholic Women's League

Barb Vodicka  
h094.cwlpresident@gmail.com

#### Knights of Columbus

Rick Weishar  
gk8192@ontariokofc.ca

#### Vocations

Contact [hamiltodiocese.com/vocations/](http://hamiltodiocese.com/vocations/)  
or [resurrectionists.com/vocations](http://resurrectionists.com/vocations)

#### New Parishioners

New parishioners, welcome!  
Please register at the office or pick up a  
registration package at the church entrance.

#### Bulletin Deadline

Written submissions by Monday noon.

**June 7, 2026**  
**The Most Holy Body and  
Blood of Christ**

### St. Teresa of Avila School

75 First St. W., Elmira  
519-669-8843 Fax 519-669-4509

### St. David Catholic Secondary School

4 High Street, Waterloo  
519-885-1340 Website: [stdavid.wcdsb.ca](http://stdavid.wcdsb.ca)

Christ has no body now but yours,  
No hands, no feet on earth,  
but yours.

Yours are the eyes through which  
he moves compassion on  
this world.

Yours are the feet with which  
he walks to do good.

Yours are the hands with which  
he blesses all the world.

Prayer of St. Teresa of Avila



✠ Please remember our benefactors and those who have left bequests in your prayers. ✠

# THE MOST HOLY BODY AND BLOOD OF CHRIST

## MASSES FOR WEEK OF JUNE 8<sup>TH</sup>

<p><b>Tuesday, June 9, 5:00 pm – at the Carmel, St. Agatha</b>  <b>+Jack Soeder;</b> Ray &amp; Trudy Denomme  <i>Blessed are they who continually humble themselves willingly; they will be crowned by the One who willingly humbled himself for our sake. – St. Ephrem</i></p>
<p><b>Wednesday, June 10, 12:05 pm</b>  <b>+Connie Walser;</b> Lisa Swainston &amp; Allan Lissner  <i>Peacefully do at each moment what at that moment ought to be done. If we do what each moment requires we will eventually complete God's plan, whatever it is. We can trust God to take care of the master plan when we take care of the details. – St. Katharine Drexel</i></p>
<p><b>Thursday, June 11, 12:05 pm</b>  <b>+Gord Walz;</b> The Family  <i>Everything comes from love; all is ordained for the salvation of people. God does nothing without this goal in mind. – St. Catherine of Siena</i></p>
<p><b>Friday, June 12, 9:00 am – Maryhill</b>  <b>Solemnity of The Most Sacred Heart of Jesus</b>  <i>Who except God can give you peace? Has the world ever been able to satisfy the heart? – St. Gerard Majella</i></p>
<p><b>Saturday, June 13, 5:00 pm</b>  <b>+Robert Bitzer;</b> Theresa Wuersch  <b>+Anne Hahn;</b> Greg &amp; Sue Goetz &amp; Family</p>
<p><b>Sunday, June 14, Eleventh Sunday in Ordinary Time</b>  <b>9:00 am Our Parish Community</b>  <b>11:00 am Maryhill</b></p>

### Altar Servers

9am Nathan, Xander, Divine

### Children's Liturgy

Jun 14 Isabelle Lauzon, Linda Bruder

### LIVING ROSARY INTENTION

**For the values of sports** – "Let us pray that sport be an instrument of peace, of encounter, and lead to dialogue among cultures and nations so that they promote values such as respect, solidarity, and personal growth."

### FOODBANK NEEDS

Crackers, Cheez Whiz and Deodorant

### FROM THE PASTOR'S DESK

Thank you to everyone for your good wishes and gifts, especially for the walking cane/assistance I received at the 9 o'clock Mass, as I celebrated my 65<sup>th</sup> birthday last weekend. It is truly an honour to serve the good people of St. Teresa of Avila Parish. Your support is truly uplifting and very much appreciated.

I would like to invite you to join us for weekday Mass. It is a nice opportunity for quiet prayer and reflection with a few others. It is a nice way to celebrate the Eucharist during the week.

Today is The Solemnity of the Most Holy Body and Blood of Christ, historically known as Corpus Christi. It honors the Real Presence of Jesus Christ in the Eucharist—his Body, Blood, Soul, and Divinity.

Father Peter

### READINGS FOR June 13/14

First Reading: Ex 19:2-6a  
 Second Reading: Rom 5:6-11  
 Gospel Reading: Mt 9:36-10:8

### HAMILTON DIOCESE PRAYER CALENDAR

#### PLEASE PRAY FOR:

Mon., June 8 Rev. Louis Lenssen, C.R.S.P.  
 Tues., June 9 Rev. Michael Bennett  
 Wed., June 10 Comboni Missionaries, M.C.C.J.  
 Thurs., June 11 Rev. Paul Voisin, C.R.  
 Fri., June 12 The Most Sacred Heart of Jesus  
 World Day of Prayer for the Sanctification of Priests  
 Sat., June 13 Rev. Francisco Cruz

### THIS WEEK IN OUR PARISH

**THU** 2 p.m. or 7 p.m. **Book Club** – Library  
 7:00 p.m. **Finance Meeting** – Rectory  
**FRI** 7:00 p.m. **Youth Group** – Hall

### MINISTRIES for June 13/14

#### Eucharistic Ministers

5pm Kieran Kelly, Steve Pond  
 9am Chris & Allyson Cassidy, Iris Miltenburg

#### Hospitality

5pm Greg & Sue Goetz  
 9am Sharon & Mike Noel, Jim McInnis

<b>Lector</b>	<b>Commentator</b>
5pm Kevin Dupuis	Judy Furlong
9am John Bruder	Wally Malcolm
Mike Noel	

**MONTH OF THE SACRED HEART** – The Church dedicates the month of June to the Sacred Heart of Jesus—the living sign of Christ's infinite love for humanity. In the Heart of Jesus, we encounter both the source of Divine Mercy and the call to love as He loves. This month, Bishop Dabrowski invites us to place the Sacred Heart at the center of our homes, and continue offering daily this prayer; *O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all of the intentions of your Sacred Heart, in union with the holy sacrifice of the Mass throughout the world, in thanksgiving for your favours, in reparation for my sins, for the intentions of all my family and friends, and in particular for the intentions of the Holy Father. Amen.* Additional prayers and resources for the Month of the Sacred Heart of Jesus are available on the diocesan website: [www.hamiltondiocese.com/sacredheart](http://www.hamiltondiocese.com/sacredheart)

I would like to **THANK** each and everyone who took the time to come out Sunday evening in Guelph to support me and my family. A **BIG THANK YOU TO THE KNIGHTS OF THE COLUMBUS AND THEIR WIVES** from St. Teresa of Avila parish community, our new home and family. We are blessed and grateful to be part of this community. Many blessings of good health and grace to you all.

Adriano & Lori Stradiotto

**GIFT BEARER SIGN-UP** – During the Liturgy of the Eucharist, gift bearers represent the entire parish community. The unleavened bread and wine they carry will be consecrated to become the Body and Blood of our Lord

Jesus Christ. We invite you to sign up on the display board in the Narthex to bring the gifts forward – perhaps on a personally meaningful day, on a special occasion, or for any reason at all! On the day you are scheduled to bring forward the gifts, you will follow the cross bearer to the back during the Preparation of the Gifts, just after the petitions. The ministers of hospitality will guide you.

### GARDEN PARTY BOOK SALE – FRIDAY, SEPTEMBER 18TH

- Spring cleaning – This is a good opportunity to donate books. NO DVDs.
- This year we are going to include jigsaw puzzles. NO other toys or games
- Must drop off at the church from August 1<sup>st</sup> - September 11<sup>th</sup>.

**C.W.L. MASS AT THE CARMEL IN ST. AGATHA** is on **Tuesday, June 9<sup>th</sup>** at 5:00 p.m. with dinner at Kennedy's at 6:00 p.m. All are welcome. Please sign up by emailing [h094.cwlpresident@gmail.com](mailto:h094.cwlpresident@gmail.com) or calling Barb at 519-497-3162 so reservations can be confirmed.

**FOOD TRUCK FRIDAYS AT ST. TERESA** - Are you interested in volunteering on the Fridays we host the trucks? You would be setting up and taking down small tables and benches/garbage can and monitoring from 4:00 - 7:30 p.m. Upcoming dates are June 19, July 17, July 31, August 21, September 4 and September 25. Please contact Barb at 519-497-3162 for more information and to sign up!

Support **MARILLAC PLACE'S BABY BOTTLE CAMPAIGN** to help young mothers and their children experiencing homelessness. **Pick up a baby bottle or give online using the QR code on the poster in our lobby.** Return baby bottles on Father's Day Weekend.

Join us for **HEAVENLY EATS FOOD TRUCK FRIDAYS** every Friday from 4:30 p.m. to 7:30 p.m. **June 12<sup>th</sup>** the trucks will be at **Elmira Mennonite Church**. Proceeds support our group of participating churches. Check out [www.facebook.com/HeavenlyEatsFoodTrucks](http://www.facebook.com/HeavenlyEatsFoodTrucks) each week to see which church and what trucks are there.

As Catholics, we have the privilege of participating in the Mass – the sacred liturgy, supreme expression of Catholic liturgical life. Here we kneel side by side with one another, as one in Christ's mystical body. *Are we truly aware of what we enter into with our participation in the Mass?* Join this special event: **"THE LITURGY & THE EUCHARIST"** on **Tuesday, June 16<sup>th</sup>** from 7:00 - 8:30 p.m. at St. Agnes Parish, Waterloo.

Supportive Housing of Waterloo presents **UNHOUSED, UNHEARD AND UNBROKEN DOCUMENTARY PREMIERE** on **Thursday, June 25<sup>th</sup>** from 7:30 – 9:00 p.m. at The Great Hall, Conrad Grebel University College, 140 Westmount Road N., Waterloo. Join us for a thoughtful evening featuring a short documentary about older adults in Waterloo Region who've faced homelessness and the long

road to finding a place to land – and what it means to finally have one. There are light refreshments, film screening and a short discussion time. Admission is free. Reserve your seat at [showshortfilmscreening.eventbrite.ca](http://showshortfilmscreening.eventbrite.ca).

**GUELPH WALKING PILGRIMAGE TO MIDLAND** from **August 1<sup>st</sup> – 8<sup>th</sup>** - Those who walk the Guelph-to-Midland pilgrimage find it to be a unique and grace-filled experience. For eight days pilgrims pray, sing, laugh, and share stories with others as they journey. Join us as we cast off routine for eight days and acquiesce to a community of higher purpose. **Participate for 1 day, a weekend or the full 8 days!** Cost is \$400 for 8 days or \$75 per day. We carry your gear, provide 3 meals and snacks daily and cover entry and camping fees. You bring your tent, chair and personal gear/clothing in a duffle bag. To register or for more information go to [www.ignatiusguelph.ca](http://www.ignatiusguelph.ca) (under programs - Guelph Walking Pilgrimage). The **registration deadline is June 30, 2026.**

Woolwich Counselling Centre presents **CONNECTING KIDS SUMMER PROGRAM**, in-person, half-day kids program. Connecting mind and body through relaxation techniques and body awareness can improve emotional well-being. Led by a Certified Play Therapist and Registered Adult and Child Yoga Teacher, children will be introduced to yoga poses, breath work, and mindfulness through playful games, stories and activities. Theraplay activities will provide the opportunity for children to strengthen their ability to connect with others and further develop social skills. This program is held at 65 Memorial Avenue from 9 a.m. to 12 p.m. The fee for each week is \$150. The weeks this program are offered is **July 6-10, July 27-31, August 10-14 and August 24-28.** Learn more and register at [woolwichcounselling.org/upcoming-events](http://woolwichcounselling.org/upcoming-events) or call 519-669-8651.

**MARRIAGE TIP** – Being able to count on your spouse is a vital component of a healthy and happy marriage. We establish this kind of relationship by discussing what behaviours and actions we want to expect from each other. Couples need to create a list of expectations that they each agree will be helpful to their day-to-day married life. The list might include: setting a boundary on cell phone and computer use during family/couple time; agreeing to saying I love you daily; using manners during daily interactions; praying together at one or more points during the day; having a hug or kiss of greeting each time you depart or reunite during the day; agreeing to speak the truth about feelings, not bury them within. An agreed upon list put into action brings feelings of security and a deeper love.

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### STEWARDSHIP REPORT

Offertory collection for May 30/31:	\$ 2,987.95
Building & Maintenance Fund Balance:	\$69,368.09

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